



**GRACE DAFOE,
SKELETON**



For athletes, it takes a lot of guts to get to the glory. When you are a skeleton athlete, it also requires a lot of grit and perseverance, after all you're going down an icy chute, headfirst on a glorified toboggan at around 140km/h.

This doesn't faze aspiring Olympian Grace Dafoe.

Watching the 2010 Winter Games in Vancouver, Grace knew that it was her dream to one day compete at the Olympic Games. Olympic Champion Jon Montgomery was at her first "learn to slide" session at Winsport in Calgary in 2012. She was star struck and instantly fell in love with the thrill of sliding. She spent the next few years putting her all into skeleton. She could not shake her thirst for sport and the love of competition, and in November 2014 she was awarded her first international races on the North American Cup Circuit.

Like most up-and-coming athletes, her journey has had its share of challenges. She is a self funded athlete and for skeleton, the specialized equipment comes at a high cost. She works multiple jobs to fuel her sport career and can't always afford to attend training camps to help give her the experience she needs. Her passion and drive are what push her to strive and thrive in the world of skeleton, and the support of donors like you to the Canadian Olympic Foundation helps ease that financial burden.

With all her hard work and commitment to her sport, she is on a roll in the 2019/2020 season and has earned a spot on the National Team, proving herself as one to watch as our winter athletes set their sights on Beijing 2022.

**THE CANADIAN OLYMPIC FOUNDATION
BELIEVES THAT EVERYONE IS CAPABLE
OF GREATNESS – THEY JUST NEED TO
BE GIVEN THE OPPORTUNITY.**

As the official charitable organization of Team Canada,
it's our responsibility to create that opportunity for
all Canadian athletes.

**THANK YOU FOR BEING PART
OF OUR OLYMPIC FAMILY!**

What we fund:

- Next Generation of Team Canada
- Team Canada and National Sport Organizations
- Sport System, COPSIN and Canada Games
- Athlete and Coach Awards and Bursaries

\$66 Million+ Granted as of 2018

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CANADIAN OLYMPIC FOUNDATION



In 2010, Canada won 14 gold medals, the most ever won by one country at an Olympic Winter Games at that time. We won a total of 26 medals, a Canadian record. Since then, we have gone on to win 25 medals at Sochi 2014, 26 medals at Rio 2016 and a historic 29 medals in PyeongChang in 2018. All proof of the lasting legacy that increased funding from Vancouver 2010 has had on Canadian high-performance sport.

It is crucial that we continue to build on this legacy by providing adequate funding to our sport system. The future of our Olympic success depends on the Next Generation of Team Canada. It's the only way we can maintain our momentum on the world stage in sport.

With your support, the Canadian Olympic Foundation has enabled Canadian athletes and their coaches to strive for excellence in sport. Our role is to empower Canadians to be an integral part of the Canadian Olympic Movement by directly supporting our current and Next Generation athletes. We ensure they receive top of the line resources including the coaching, training, specialized sport medicine and access to competitions that they require to reach their dreams of representing Canada at the Olympic Games.

Vancouver 2010 ignited a fire within us all. It brought Canadians together in a way no other Olympic Games had. It was our Games. And now, a decade later we invite you to celebrate ten years of revolutionizing sport in Canada. Relive all the moments that are etched in history forever – Sidney Crosby's golden goal, Alexandre Bilodeau's first gold medal won on home soil, Joannie Rochette's heartbreaking story of losing her mother, just days before her brave bronze medal win. These are all epic moments in Canadian history and we will continue to retell those stories for years to come, reminiscing on the glory and excitement. Thank you for being part of our athletes' journey, sharing in the pride and wonder that our athletes instilled in each one of us.



Jon Montgomery captured the hearts of Canadians everywhere when he took home gold in skeleton at the Vancouver 2010 Olympic Winter Games. (Photos: Dave Sandford/COC)



Alexandre Bilodeau made history at Vancouver 2010 as the first Canadian to ever win gold on home soil. (Photos: Mike Ridewood/COC)



It's hard to believe it was just ten years ago that the Vancouver 2010 Olympic and Paralympic Winter Games captivated and united the nation like never before; leaving a legacy that would change the Canadian sport landscape forever. Vancouver 2010 touched lives, inspired communities, put a spotlight on the Canadian spirit, and in the face of impossible odds and compelling adversity, showed the world what it means to be truly Canadian.

The legacy of Vancouver 2010 is still evident by the increased funding and support that sport in Canada has seen over the past decade. In the last ten years, Team Canada has seen countless record-breaking performances, more podium finishes than ever before, and higher gold medal counts thanks in large part to the momentum generated by Vancouver 2010.



◀ Tessa and Scott made their Olympic debut in Vancouver, capturing their first gold medal. They are now the most decorated figure skaters in Olympic history. (Photos: Mike Ridewood/COC)

